

InMotion Network Example Budget

The following provides an example budget, using the template in the Program Application Form. There might be some differences between Go Girl, Girls in Motion and Women in Motion budgets depending on the needs of your project, therefore this is a guideline.

Anticipated Revenue Contributions:

Revenue	Anticipated Amount
InMotion Contribution Request (Amount requested from InMotion Network)	\$1500
Participant Registration (\$10x25participants)	\$250
Local Sponsor	\$50
Host Organization Contribution	\$200
Etc...	
Total Anticipated Revenue	\$2000
List of Anticipated In-kind donations	
Local grocery store - for food and beverages	\$100
In Kind Staff Hours	To be determined
City recreation facility	Free Rental Space

*In-kind donations may include: facility or wage costs covered by municipality, door prizes, giveaways, etc.

Anticipated Expenses:

Expenses (please describe item)	Estimated Amount
Refreshments (\$10 x 45) (minus \$100 credit)	\$450
Fees/Honorariums for instructors/coaches/speakers	\$1000
Marketing and Promotion	\$100
Miscellaneous (sound system rental, equipment rental, etc.)	\$150
Transportation (Public Transit)	\$100
20 Subsidized Registrations	\$200
Total Anticipated Expenses:	\$2150